

Common Health Problems

Target audience: teenagers, adults

Level: Pre-Intermediate and above

Language Focus: Vocabulary

Practice Type: General Practice



Lesson Plan:

1. Get to know new vocabulary
2. Do practice activities

1. Get to know new vocabulary

Common problems

Read the dialogue:

Patient: I **don't feel well**.

Doctor: What's the matter?

Patient: I've got a **sore throat** and I keep **sneezing**.

Doctor: Oh, you've probably got a **cold** or **flu**. You should go to bed.

Patient: Yes, I think I will.

Cold - a common infection typically causing running at the nose, sneezing, and a sore throat.

Flu (influenza) - a highly contagious infection causing fever (high temperature), severe aching, and often occurring in epidemics. More serious than a cold.

What's the matter?	The symptoms	Cause of illness
<i>I've got a cold.</i>	sneezing, a sore throat, a cough	a virus
<i>I've got flu.</i>	same as for a cold + high temperature	a virus
<i>I've got an allergy.</i>	sneezing, watery eyes, itching	tree and flower pollen, pets, dust
<i>I feel sick.</i>	I feel like throwing up.	poisoning, too much food or a virus
<i>I've got a hangover.</i>	headache, feel sick	too much alcohol

Common injuries

1. 

2. 

3. 





What's the problem	How did it happen	Result	Solutions
<i>She cut her finger</i>	using smth. sharp	it's bleeding	put a plaster on it
<i>He twisted his ankle</i>	was running on a treadmill	he can't walk	put a bandage on it
<i>She's got a bruise</i>	she fell over and hit her toe	it's black and blue/swollen	put some ice on it
<i>He broke his arm</i>	he fell off the ladder	it's painful	wear a sling
<i>She burnt her hand</i>	she touched a hot kettle	It hurts/has a blister	put cream on it

2. Do some activities

Task 1. Составьте предложения:

1.He hit his head on the door	a. It's swollen and it hurts when he touches it.
2.He bruised his arm.	b. He was beaten up quite badly.
3.He broke his leg.	c. It's very painful.
4.He cut his finger.	d. He's got a big bruise.
5.He burnt himself.	e. It's still bleeding.
6.He got into fight.	f. He won't be able to for 2 weeks.

Task 2. Изучите полезные фразы, а затем расставьте реплики в диалоге в нужном порядке:

What seems to be the problem? – Что беспокоит?

It sounds like an allergy – Похоже на аллергию.

Be allergic to pollen – Аллергия на цветение

Runny nose - Насморк

Congestion - Заложенность

Hay fever – Сенная лихорадка

Symptoms persist – Симптомы не проходят

Alleviate symptoms – Облегчать симптомы

Prescribe pills – Прописать таблетки

Take medication – Принимать медикаменты

	a. Doctor: You're welcome.
	b. Woman: Really? So what can I do to alleviate these symptoms?
	c. Doctor: You have to take one pill a day. This should help with your congestion and runny nose symptoms. If you don't feel better soon, come back and see me.
	d. Woman: Allergy? But, what am I allergic to? I don't have any pets and my house is always clean.
1.	e. Doctor: Hi, I'm Doctor Smith. What seems to be the problem today?
	f. Woman: OK. How often do I have to take these pills?
	g. Doctor: I'm not sure but it may be hay fever because it is spring time, and there is a lot of pollen in the air right now.

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| | h. Woman: Well, I don't think I have a cold but I've had a runny nose for more than two weeks, and I just don't feel like I have any energy. |
| | i. Doctor: Well, I can do some tests but it sounds like an allergy to me. |
| | j. Woman: Thank you, Doctor Smith. |
| | k. Doctor: Well, I can prescribe some pills and we can see if that works. |

Answer Key: Task 1: 1.d, 2.a, 3.f, 4.e, 5.c, 6.b

Task 2: 1.e, 2.h, 3.i, 4.d, 5.g, 6.b, 7.k, 8.f, 9.c, 10.j, 11.a

Resources: Michael McCarthy, Felicity O'Dell. English Vocabulary in Use

Tags: teenagers, adults, vocabulary, pre-intermediate, intermediate, upper-intermediate, general practice